

Original Article

# Alteration of laboratory findings after radiofrequency ablation of hepatocellular carcinoma: relationship to severity of the underlying liver disease and the ablation volume

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**Background/Aims:** To investigate sequential changes in laboratory markers after radiofrequency ablation (RFA) of hepatocellular carcinoma (HCC) and the relationship of these changes to the severity of the underlying liver disease.

**Methods:** This retrospective analysis included 65 patients (44 males, 21 females) who underwent RFA of HCC. Hematologic and biochemical markers were assessed at the pre-RFA period and 1 day, 2–3 days, and 1–2 weeks after RFA. We classified the subjects into two groups: Child-Pugh A (n=41) and Child-Pugh B (n=24). The ablative margin volume (AMV) of each patient was measured. We analyzed the changes in laboratory profiles from the baseline, and investigated whether these laboratory changes were correlated with the AMV and the Child-Pugh classification.

**Results:** Most of the laboratory values peaked at 2–3 days after RFA. AMV was significantly correlated with changes in WBC count, hemoglobin level, and serum total bilirubin level (Pearson's correlation coefficient, 0.324–0.453;  $P < 0.05$ ). The alanine aminotransferase (ALT) level varied significantly over time ( $P = 0.023$ ).

**Conclusions:** Most of the measured laboratory markers changed from baseline, peaking at 2–3 days. The ALT level was the only parameter for which there was a significant difference after RFA between Child-Pugh A and B patients: it increased significantly more in the Child-Pugh A patients. (*Clin Mol Hepatol* 2015;21:71-79)

**Keywords:** Alanine aminotransferase; Child-Pugh class; Hepatocellular carcinoma; Leukocytosis; Radiofrequency ablation

## INTRODUCTION

Hepatocellular carcinoma (HCC) is the most common primary hepatic malignancy, accounting for 85-90% of all primary liver cancers, and its incidence is increasing worldwide.<sup>1</sup> Radiofrequen-

cy ablation (RFA) is a local ablative treatment option that has the potential to be a curative therapy for very early and early BCLC stages of HCC.<sup>2</sup> RFA is considered a promising option because of its simplicity and effectiveness.<sup>3-5</sup> One of the main advantages of RFA is the relatively low incidence of treatment-related morbidity

### Abbreviations:

AMV, Ablative margin volume; ALT, Alanine aminotransferase; AST, Aspartate aminotransferase; CT, Computed tomography; HCC, Hepatocellular carcinoma; RFA, Radiofrequency ablation; US, Ultrasound; WBC, White blood cell

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and mortality compared to surgery and transarterial chemoembolization (TACE).<sup>6-8</sup> Although hepatic resection remains the mainstay of HCC treatment, hepatic resection is not recommended in patients with portal hypertension and hyperbilirubinemia; however, transplantation or local ablative treatments, including RFA and percutaneous ethanol injection, can be used in these patients according to the most recent EASL guideline.<sup>2</sup> In the setting of adequate technical and clinical experience, RFA is considered effective for the treatment of small-sized HCCs, with overall survival approaching that of surgical resection.<sup>9-11</sup>

However, thermal injury to non-tumor liver tissue is inevitable after RFA, and acute deterioration of functioning hepatocytes can occur. Although the injury is usually mild and self-limited, extensive and multifocal ablation for the treatment of large and multiple HCCs can potentially have a negative impact on the overall reservoir of hepatic function, and may induce clinical symptoms, such as postablation syndrome.<sup>12,13</sup> To monitor acute liver injury following treatment, biochemical and hematologic profiles are usually obtained both pre- and post-procedure. There have been few studies concerning biochemical and hematologic changes after RFA,<sup>14-17</sup> and it is well known that ablation volume correlates with acute laboratory changes in non-cirrhotic patients. However, it is unclear how the severity of liver cirrhosis is related to acute hematologic and biochemical changes after RFA. We hypothesized that acute laboratory changes would depend on the severity of the underlying liver disease as well as the tumor ablation volume because the tissue's physical properties, such as electric or heat conductivity, would be different according to the composition of the hepatic parenchyma, such as the amount of hepatic fibrosis.<sup>18</sup> Thus, the aim of our study was to investigate sequential changes in hematologic and biochemical markers after RFA of HCC and the relationship of these changes to the severity of underlying liver disease when the ablation volume was included as a covariate.

## METHODS

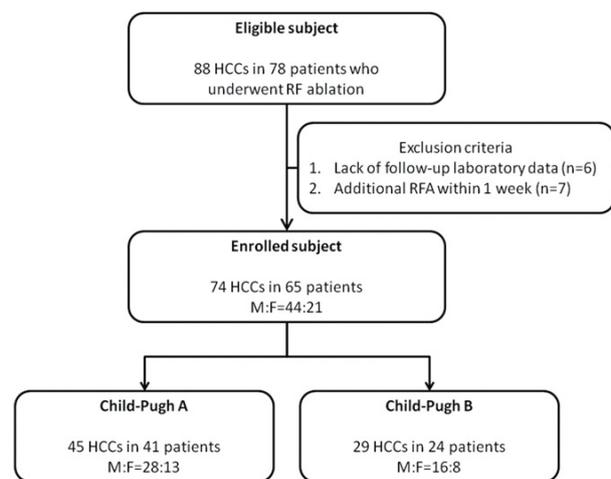
### Patients

The institutional review board of our hospital (Hanyang University Guri Hospital) approved this retrospective study, and the requirement for informed consent was waived. We retrospectively reviewed 78 consecutive patients with 88 HCCs who underwent ultrasound (US)-guided percutaneous RFA at our institution during the period spanning from March 2008 to July 2012. Of these

patients, we excluded patients without post-RFA laboratory data (n=6) and patients who underwent additional RFA within 1 week due to insufficient ablative margin (n=7). Ultimately, we included 65 patients (44 men, 21 women; mean age, 61.8 years; age range, 42 to 87 years) with 74 HCCs (Fig. 1). Among them, 58 patients had single HCC, 5 patients had two HCCs, and 2 patients had three HCCs. Sixty-nine nodules in 60 patients were diagnosed as HCC based on typical features in accordance with the EASL guideline.<sup>2</sup> In three patients, three nodules, which were smaller than 1 cm, showed a typical enhancement pattern on CT or MRI, including arterial enhancement and washout features. The remaining two nodules in two patients, which did not show typical HCC features on imaging, were confirmed by biopsy. The underlying liver diseases of the subjects were as follows: hepatitis B viral infection (n=38), hepatitis C viral infection (n=4), heavy alcohol use (n=7), and cryptogenic liver cirrhosis (n=16). The severity of the underlying liver diseases was graded using Child-Pugh classification: 41 (63%) were Child-Pugh A (CPA), 24 (37%) were Child-Pugh B (CPB), and none were Child-Pugh C.

### RFA Procedures

A radiologist (W.K.J.) with more than five years of experience performed all of the RFA procedures on an inpatient basis. Prior to the RFAs, patients underwent planning US for evaluation of feasibility of RFA. The patients were placed in the supine position and treated under local anesthesia. For pain relief, patients received a continuous intravenous infusion of 50 mg of pethidine hydrochloride (Pethidine; Samsung Pharmaceutical, Seoul, Korea)



**Figure 1.** Flowchart of the study population.

mixed with 50 mL of 5% dextrose in water. Two types of RFA electrodes were used. Single (n=59) or cluster (n=6) internally cooled electrodes (Cool-Tip, Covidien, Mansfield, Massachusetts or Well-point, STARmed, Goyang, Korea) were used in this study. After inserting the electrode, the generator power started at 50 W and continuously increased to avoid abruptly increasing intratumoral pressure (popping phenomenon). Most of the HCCs with sizes smaller than 2 cm underwent single ablation using an electrode that had an exposed length of 3 cm in the active area of electrode. All ablations aimed to achieve adequate ablation margins, defined as at least 5 mm from the boundaries of the index tumors. If the ablation margin was not adequate on immediate monitoring after ablation, additional ablation was performed, and these cases were excluded from this investigation as mentioned above. Large HCCs underwent multiple overlapping ablations (n=21) tailored to tumor size and shape.

## Laboratory data

We categorized the hematologic and biochemical tests into four groups, including baseline, 1 day after RFA (1st follow-up), 2-3 days after RFA (2nd follow-up), and 1-2 weeks after RFA (3rd follow-up). Because the number of patients who underwent laboratory tests at 72–168 hours (3–7 days) was too small, we excluded the data from this investigation. If a patient had more than two laboratory results at any time point, the data showing a maximum difference from baseline was selected. Additionally, we investigated changes between the early follow-up laboratory data and the baseline data, i.e. the first change ( $\Delta$ 1st follow-up) and the second change ( $\Delta$ 2nd follow-up).

White blood cell (WBC) count, hemoglobin level, and platelet count were included in the hematologic profiles, and total bilirubin, aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase were included in the biochemical profiles.

**Table 1.** Patient characteristics

	Child Pugh A (n=41)	Child Pugh B (n=24)	P-value
Age (year)	60.3±7.0 (48-68)	60.2±10.2 (43-76)	0.777
Gender			>0.999*
Male	16	28	
Female	8	13	
Number of index tumors	1.21±0.51 (1-3)	1.10±0.37 (1-3)	0.318
Total tumor volume (mL)	2.59±3.14	2.28±2.62	0.674
Total ablation volume (mL)	20.20±10.36	21.33±11.36	0.693
Ablative margin volume (mL)	17.51±9.38	18.95±11.25	0.598
Underlying liver disease			0.057*
Hepatitis B virus	12	26	
Hepatitis C virus	4	0	
Alcoholic liver disease	2	5	
Other causes	6	10	
Baseline hematologic tests			
WBC (/mm <sup>3</sup> )	5136.59±2184.58	4841.67±2166.73	0.600
Hemoglobin (g/dL)	13.26±1.12	11.09±2.34	<0.001
Platelet (/mm <sup>3</sup> )	115.12K±56.88K	99.79K±56.55K	0.297
Baseline biochemical tests			
Bilirubin (mg/dL)	0.77±0.45	1.45±1.16	0.010
AST (U/L)	35.49±17.97	42.38±15.71	0.124
ALT (U/L)	27.90±21.08	23.58±16.09	0.392
ALP (U/L)	94.05±39.88	99.04±40.53	0.630

WBC, white blood cell; AST, aspartate transaminase; ALT, alanine aminotransferase; ALP, alkaline phosphatase.

\*P-values were calculated from chi-square tests; otherwise independent Student's *t*-test was used.

**Table 2.** Hematologic and biochemical laboratory markers (mean±SD values)

Time point	Mean	P-value
<b>WBC (/mm<sup>3</sup>)</b>		
Baseline	5027±2166	
1 day after RFA	5572±2553	0.015
2-3 days after RFA	6402±2362	<0.001
7 days after RFA	4954±1915	0.611
<b>Hemoglobin (g/dL)</b>		
Baseline	12.46±1.97	
1 day after RFA	12.51±1.84	0.543
2-3 days after RFA	12.25±1.72	0.005
7 days after RFA	12.54±1.66	0.544
<b>Platelet (/mm<sup>3</sup>)</b>		
Baseline	109,462±56,808	
1 day after RFA	101,593±43,515	0.336
2-3 days after RFA	92,860±40,504	<0.001
7 days after RFA	120,356±60,405	0.270
<b>Bilirubin (mg/dL)</b>		
Baseline	1.02±0.85	
1 day after RFA	1.27±0.91	0.010
2-3 days after RFA	1.49±0.97	<0.001
7 days after RFA	1.11±0.72	0.242
<b>AST (U/L)</b>		
Baseline	38.03±17.37	
1 day after RFA	134.39±86.85	<0.001
2-3 days after RFA	138.16±55.41	<0.001
7 days after RFA	40.34±20.53	0.298
<b>ALT (U/L)</b>		
Baseline	26.28±19.34	
1 day after RFA	75.70±62.51	<0.001
2-3 days after RFA	101.31±64.23	<0.001
7 days after RFA	31.19±23.44	0.203
<b>ALP (U/L)</b>		
Baseline	90.32±30.67	
1 day after RFA	93.41±36.85	0.210
2-3 days after RFA	106.18±49.59	0.086
7 days after RFA	108.45±41.07	0.008

P-values were calculated using paired *t*-tests for comparison between baseline and each set of follow-up data.

WBC, white blood cell; AST, aspartate transaminase; ALT, alanine aminotransferase; ALP, alkaline phosphatase.

## Tumor ablation volume

Volumes of index tumors and ablation zones were calculated on the pre-procedural and immediate post-procedural CT scans, re-

spectively. Two radiologists (S.L and W.K.J.) reviewed the CT images under consensus. The largest diameter of the tumor in three orthogonal planes was measured, and the volume of the tumor and ablation zones were calculated using the following formula:  $1/6 \times \pi \times a \times b \times c$ , where a, b, and c were maximum x, y, and z-axis lengths, respectively. All measurements were made using axial scans and coronal reformatted images acquired during the portal venous phase. The total ablation volume of tumors and ablation zones were calculated by summing the volumes of all treated tumors. The ablative margin volume (AMV) was calculated by subtracting the tumor volume from the ablation zone volume.

## Statistical analysis

Biochemical and hematologic laboratory profiles are shown as mean ± standard error, and independent Student *t*-tests and chi-square tests were performed to assess for differences between CPA and CPB groups. Paired Student *t*-tests were used to compare the serial laboratory profiles with the baseline. In addition, Pearson's correlation tests were used to evaluate the association between the ablation volumes and changes in each laboratory profile. An independent Student *t*-test was also performed for the comparison of mean AMV between CPA and CPB patients. Repeated measure of analysis of covariance (ANCOVA) was used to determine the relationship between changes in laboratory profiles and Child-Pugh classification (CPA vs. CPB) using AMV as a covariate to control for individual variation in ablation volume. Statistical analyses were performed using SPSS for Windows (version 18; SPSS Inc., Chicago, IL, USA). *P*-values <0.05 were considered statistically significant.

## RESULTS

### Baseline subject characteristics

Table 1 shows the characteristics and medical records of the 65 study patients. Mean age and standard deviation were 61.8 years and 10.0 years, respectively (range, 42-87 years). There were 44 male and 21 female patients.

There were no significant differences between the CPA and CPB groups in total tumor volume, total ablation volume, and AMV (*P*>0.05). The numbers of index tumors per patient were 1.21 in the CPA group and 1.10 in the CPB group (range, 1-3), which was not a significant difference. Although all of the patients with hep-

**Table 3.** Coefficients of the correlations between ablative volumes and laboratory values

Ablative volume	WBC	Hemoglobin	Platelet	Bilirubin	AST	ALT	ALP
Total ablative volume	0.409*	0.343*	0.151	0.451*	0.282	0.261	0.075
Ablative margin volume	0.340*	0.324*	0.189	0.453*	0.233	0.244	0.056

WBC, white blood cell; AST, aspartate transaminase; ALT, alanine aminotransferase; ALP, alkaline phosphatase.

\*Statistically significant ( $P < 0.05$ ).

**Table 4.** Differences in mean changes in laboratory values between Child-Pugh A and B patients

	Δ 1st follow-up		Δ 2nd follow-up		P-value*
	Child A	Child B	Child A	Child B	
WBC (/mm <sup>3</sup> )	792±1732	1927±2484	1596±1731	1555±1828	0.088
Hemoglobin (g/dl)	-0.19±0.80	0.33±0.56	-0.49±0.71	-0.41±1.56	0.111
Platelet (/mm <sup>3</sup> )	-3,875±15,845	-13,000±60,337	-17,167±21,703	-27,909±63,341	0.675
Bilirubin (mg/dl)	0.25±0.49	0.17±0.61	0.60±0.59	0.31±0.67	0.762
AST (U/L)	124.4±96.6	82.1±71.3	110.9±56.0	82.1±45.6	0.098
ALT (U/L)	71.7±64.6	28.9±50.4	98.1±65.5	39.3±42.6	0.023
ALP (U/L)	1.5±18.5	4.8±13.1	4.7±25.7	24.1±47.8	0.188

Δ 1st follow-up means the gradient between baseline and 1 day after RFA; Δ 2nd follow-up means the gradient between baseline and 2-3 day after RFA.

\*P-values were calculated using repeated measurement of covariance (ANCOVA) with marginal ablation volume as a covariate.

WBC, white blood cell; AST, aspartate transaminase; ALT, alanine aminotransferase; ALP, alkaline phosphatase.

atitis C infection were included in the CPA group, the difference in underlying liver diseases between groups was not statistically significant.

The mean ablation time was 16.3 minutes (range, 10-48 minutes). There were no serious complications requiring blood transfusion or drainage after the procedure.

### Hematologic and biochemical change after RFA

Table 2 shows mean values of the hematologic and biochemical tests at each time point. Most of biochemical tests, including serum bilirubin, AST, and ALT levels, had changed significantly from baseline at the 1st and 2nd follow-up ( $P < 0.05$ ). The platelet level decreased significantly only on follow-up labs obtained 2-3 days post-RFA. Comparing the changes between each period and baseline laboratory profiles, the maximum differences from baseline values were generally seen 2-3 days after RFA, except for hemoglobin and alkaline phosphatase levels. The hemoglobin level decreased significantly 2-3 days after RFA, but it fluctuated during the immediate post-RFA period. Alkaline phosphatase peaked 1-2 weeks after RFA. The mean values nearly returned to baseline at the 3rd follow-up, with the exception of the alkaline phosphatase level.

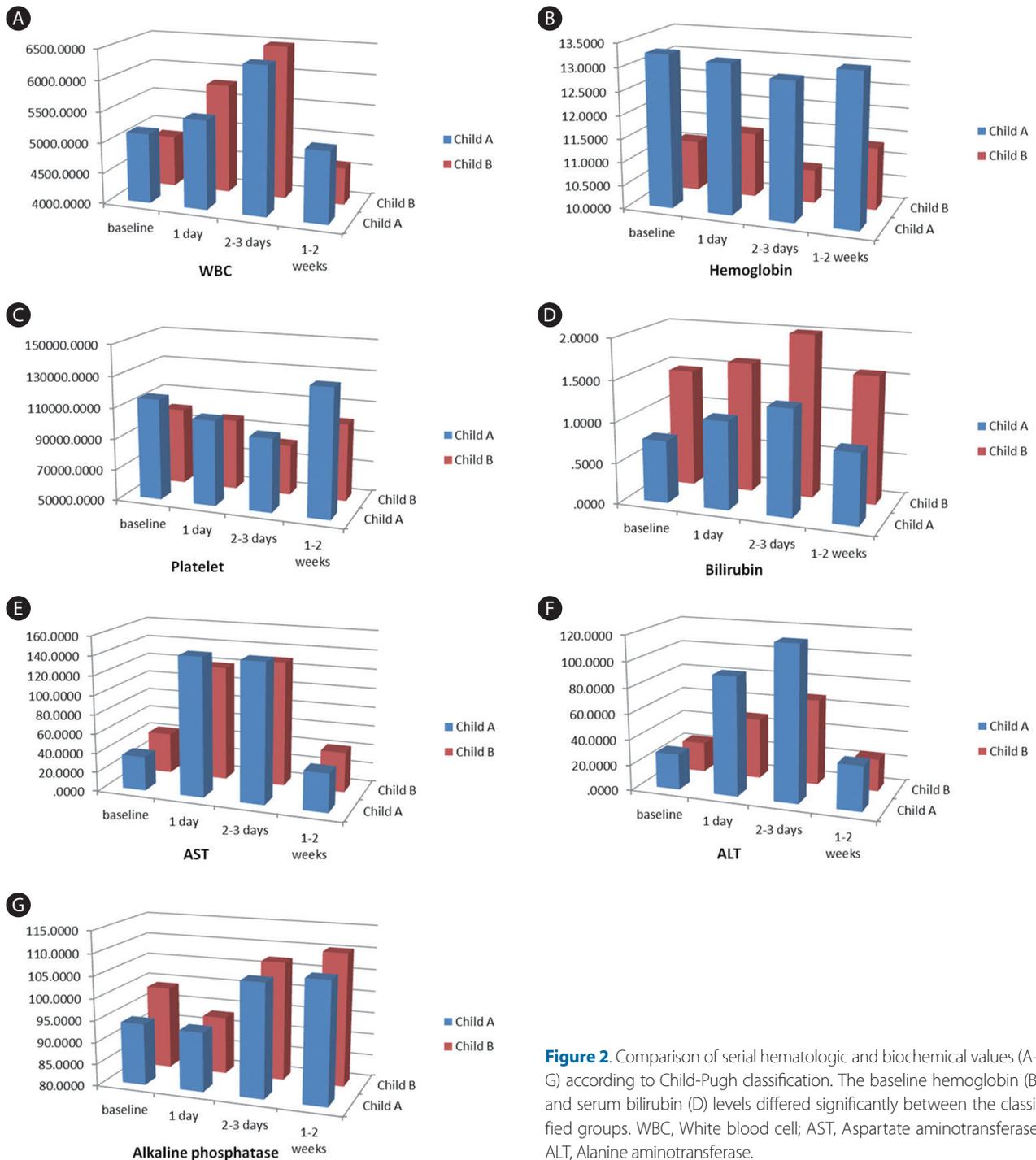
### Ablation volume and analysis after adjusting for volume

Ablative volumes including AMV had significantly positive correlations with changes in the WBC count, hemoglobin level, and serum total bilirubin level (Table 3). AST and ALT did not significantly correlate with ablation volumes. Mean AMV in CPA patients was not significantly different from that in CPB patients ( $P = 0.598$ ).

Comparing Δ 1st and 2nd follow-up data using repeated measurement of covariance (ANCOVA) with AMV as a covariate (Table 4), the change in serum ALT level was only significantly different between CPA and CPB ( $P = 0.023$ ). The change from baseline at 1 day after RFA was about 73 U/L in the CPA group and 29 U/L in the CPB group, and the difference between baseline and 2-3 days was about 100 U/L in the CPA group and 39 U/L in the CPB group (Fig. 2 and 3).

### DISCUSSION

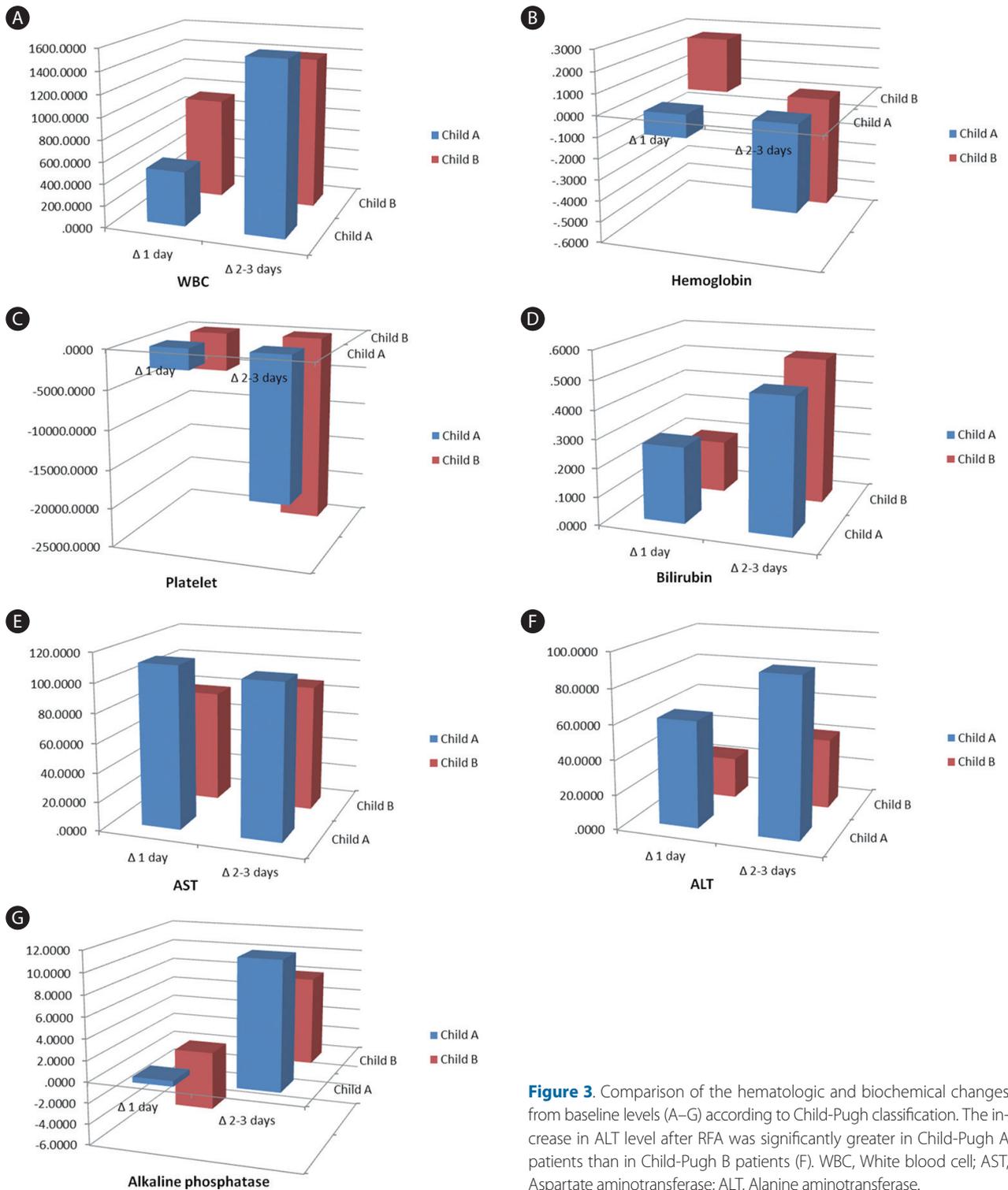
This study evaluated acute changes in hematologic and biochemical data in the first week following RFA treatment in patients with chronic liver diseases and investigated the relationship between laboratory changes and the severity of underlying liver



**Figure 2.** Comparison of serial hematologic and biochemical values (A–G) according to Child-Pugh classification. The baseline hemoglobin (B) and serum bilirubin (D) levels differed significantly between the classified groups. WBC, White blood cell; AST, Aspartate aminotransferase; ALT, Alanine aminotransferase.

diseases, as assessed by Child-Pugh classification. We demonstrated that most of the laboratory changes after RFA peaked 2-3 days and returned to baseline about 1 week post-RFA. In our results, serum AST and ALT levels were prominently elevated, and the AST level increased earlier and reached a higher peak than the ALT value. Generally, serum AST and ALT levels are elevated when

hepatocytes are injured and become necrotic by various causes, such as hepatotoxic drugs, virus-related necroinflammation, or physical injury including hyperthermia by RFA.<sup>16,17</sup> AST is widely distributed not only in the liver but also in the heart and skeletal muscle, while ALT is known to be a more specific test for detecting acute liver disease.<sup>19-21</sup> In particular, AST activity is about three



**Figure 3.** Comparison of the hematologic and biochemical changes from baseline levels (A–G) according to Child-Pugh classification. The increase in ALT level after RFA was significantly greater in Child-Pugh A patients than in Child-Pugh B patients (F). WBC, White blood cell; AST, Aspartate aminotransferase; ALT, Alanine aminotransferase.

times that of ALT in hepatocytes.<sup>19</sup> Peak AST activity typically precedes ALT in the setting of hepatic injury and declines rapidly because the half-life of AST is shorter than that of ALT.<sup>21</sup>

In our study, the serum ALT level increased slowly and the serum

level of the enzyme in CPB patients was significantly lower than that in CPA patients. This may be due to its specificity for hepatocyte damage or decreased activity in hepatocytes affected by chronic hepatitis and fibrosis. Another hypothetical explanation is

an oven effect. The cirrhotic liver parenchyma around the tumor may affect heat transmission. Lower thermal conductivity of the background cirrhotic tissue leads to delayed heat transmission from the central tumor portion to the surrounding non-tumor liver tissue.<sup>22,23</sup> Liu et al. have demonstrated that increasing thermal conductivity in the outer surrounding tissue permitted greater heat transmission in their *ex-vivo* study.<sup>22</sup> Moreover, an excellent correlation was recently reported between histological subclassification of cirrhosis and Child-Pugh classification.<sup>24</sup> Therefore, if the patients in the CPB group had more severely cirrhotic liver parenchyma than those in the CPA group, this would explain the steeper ALT elevation in the CPA patients than in the CPB patients.

The serum bilirubin level was observed to be elevated immediately after RFA, as has been noted in several previous studies,<sup>25,26</sup> but serum alkaline phosphatase increased slowly and its peak was observed 1 week after ablation. These results are supported by a previous study and are potentially consistent with minor injury of the small bile duct and cholestasis resulting from hepatocyte necrosis, although there was no gross evidence of biliary injury on follow-up CT.<sup>17</sup>

In the analysis of the relationship of the ablative margin volume to laboratory studies, we found that WBC count, hemoglobin, and bilirubin level were significantly correlated with ablative margin volume. Mild leukocytosis after RFA was reported and was clinically inconsequential and self-limited.<sup>17</sup> It might be attributed to inflammatory phenomena associated with tissue repair.<sup>27</sup> A post-procedural decrease in hemoglobin level was also noted, but was subclinical and may have been caused by blood loss during RFA and hemodilution due to fluid treatment. It is reasonable to expect that these hematologic changes would correlate with ablation volume but not with the severity of the underlying liver disease. Some of the baseline hematologic tests were lower in the CPB group, but the changes in the hematologic parameters, including hemoglobin and platelet count, after RFA were not different between the CPA and CPB groups after adjusting for AMV. Lastly, bilirubin is an important indicator of developing hepatic failure after treatment, such as TACE or hepatic resection.<sup>7,28</sup> It was also elevated after RFA in this study and relatively well correlated with AMV. However, the change in bilirubin was not significantly different between the CPA and CPB groups, although the baseline levels were significantly different. Bilirubin normalized 1-2 weeks after RFA, perhaps because synthetic dysfunction after RFA might be less than after TACE or hepatic resection.

There was a significant decrease in platelet count in our study that returned to baseline 1-2 weeks after RFA. During the first 2-3

days, the mean decrease was about 25,000/mm<sup>3</sup> in the CPB group. Because a platelet count below 50,000/mm<sup>3</sup> significantly increases the risk of spontaneous bleeding, including GI bleeding,<sup>16</sup> and the change in the CPB group was larger than in the CPA group, although not statistically significant, we should be careful to assess for internal bleeding during the immediate follow-up period after patients with high Child-Pugh scores undergo RFA.

This study had several limitations. First, the study was retrospective; we could not fix the times for serial laboratory tests, but rather obtained data at baseline, 1 day, 2-3 days, and 1-2 weeks after RFA. Second, the relationship of tumor ablation zone with the central bile duct was not considered in this study. There is potential for the bile duct to be destroyed by thermal injury and it results in bilirubin elevation. In this study, serious complications involving bile duct injury were not observed on follow-up CT after RFA. Finally, we could not consider the "heat sink effect." It has been demonstrated that large blood vessels adjacent to HCCs convect heat from the ablation zone to tissue.<sup>29,30</sup> Therefore, this could confound the relationship between cirrhosis and laboratory changes.

In conclusion, most of the measured hematologic and biochemical markers related to liver function peaked 2-3 days after RFA, and the change in serum ALT level was significantly higher in CPA patients than in patients with severe hepatic cirrhosis.

## Conflicts of Interest

The authors have no conflicts to disclose.

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